



ASPIRE

NEWSLETTER SERIES ON

RECOMMENDATIONS FOR PROVIDING CARE TO

LGBTQ+ PATIENTS AND FAMILIES

ISSUE 4

Parents/Guardians & Families

Tips for how to best support LGBTQ+ patients:

- ☐ Create opportunities for LGBTQ+ patients and families to give feedback to the medical practice.
Tip: Comment cards, satisfaction surveys, and advisory groups are all excellent ways to generate feedback from LGBTQ+ patients and their families
- ☐ Provide education materials that show LGBTQ+ persons and families and discuss LGBTQ+ issues with patients and families.
- ☐ Support parents/families in working through adjustment issues related to having a child who is LGBTQ+ while continuing to demonstrate love and support for their child.

*Representation in all mediums
can be highly impactful for
LGBTQ+ teen patients*

One study found that, compared to youth with other sexual orientations, gay and lesbian youth were more likely to have suggestions for doctors on how to improve medical care. [1]



“The first time my doctor asked the parent to leave the room was when I was 17.” [1]

For more information and resources, access the AAP clinical guidelines: <https://www.aap.org/en/patient-care/lgbtq-health-and-wellness>

SOURCES

[1] Snyder, B. K., Burack, G. D., & Petrova, A. (2017). LGBTQ Youth's Perceptions of Primary Care. *Clinical Pediatrics*, 56(5), 443–450. <https://doi.org/10.1177/0009922816673306>

